



## Winter/Spring 2021 YTT Dates Sacred Teachings Level 2

**Begins Sunday March 7, 2021**

The following course dates: **Yoga Teacher Training**

**Sundays & 1 Saturday a month (11-5pm)**

Sunday March 7, 14, 21

Sat/Sun March 27 & 28

Sat/Sun April 10 & 11

Sunday April 18 & 25

Sunday May 2

Saturday May 8

Sunday May 30

Sunday June 6 & 13

Sat/Sun June 19 & 20

Saturday June 26

Ten (10) Zoom Calls (Evening dates TBD once the group starts the program on March 7, 2021).





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### Choose 1 YTT program and date:

**Prenatal YTT** – class be held on either dates (pick one)

- Sat/Sun May 22 & 23/2021 (11-6pm)
- Sat/Sun Sept. 18 & 19/2021 (11-6pm)

### **Restorative YTT**

- Fri-Sun Nov. 12, 13 & 14/2021 - Fri. (6-10pm) Sat/Sun (11-6pm)

**Yin YTT** Fri-Sun Sept. 10, 11 & 12 - Fri. (6-10pm) Sat/Sun (11-6pm)

### Choose 2 programs and date:

**Reiki Level 1** – Sat. May 30/2021 (11-4pm)

**Reiki Level 2 \*\*** - Sat. June 26/2021 (11-4pm)

**Animal Reiki \*\*** - Wed. Sept. 22/2021 (6-10pm)

### Choose 1 program and date:

**Angelic YTT (2 day program)**

- Sat. June 5 & Sat. June 12/2021 (11-4pm)

OR

**Goddess YTT (4 week program)**

- Wednesdays July 7, 14, 21 & 28/2021 (7-10pm)

**Essential Oil Workshop:** Tuesday June 22/2021 (7-10pm)

**Crystal Healer Certification**

- Sat/Sun Sept. 25 & 26/2021

**Lemurian Light and Reiki of the Atlanteans** – Wednesday Oct. 13/2021 (6-10pm)

**Sacred Teachings** will be offered throughout the YTT course.

**Yoga Nidra Workshop** – included in the YTT programs listed above.

**Please note:** If you are unable to attend any of the dates above for the YTT program or the bonus workshops, other dates are scheduled, please inquire

**\*\*You must have your Reiki Level 1 to take any Reiki level upgrades, such as; Reiki Level 2 and Animal Reiki \*\***

